

New constraints on inflation in the Hartle-Hawking state?

based on work [2305.15440] with T. Hertog & J. Karlsson

very speculative, very incomplete, very fun

$$\Psi[h_{ab}, \chi] = \int Dg D\phi e^{-S/h}$$

$g=h, \phi=\chi$

fluctating \nearrow

$$\approx \sum_{i \in A} e^{-S_i/h}$$

optimistically \nearrow

Witten [2111.06514], inspired by Kontsevich & Segal [2105.10161]

+ Halliwell-Hartle '90 + Louko-Sorkin '95

$$A = \{ \text{allowable complex geometries} \}$$

= { those g_i on which the Euclidean path integral for perturbative free p -form matter converges (all p) }

exciting: new ingredient for QC so we were eager to investigate

goal: explore whether A makes sense, what kind (if any)

predictions does it make (WIP), not final story

motivation

1) complex metrics seem to be a must in gravity

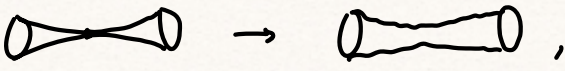
$$S \supset \left(-\frac{1}{2}\right) \int \sqrt{g} R \quad \text{unbounded below}$$

2) $\Psi \sim$ superposition of classical spacetimes at large \hbar

$$\sim \sum e^{-S^{\text{Re}}} e^{iS^{\text{Im}}}, \quad |\nabla S^{\text{Im}}| \gg |\nabla S^{\text{Re}}|$$

3) • some complex metrics are good

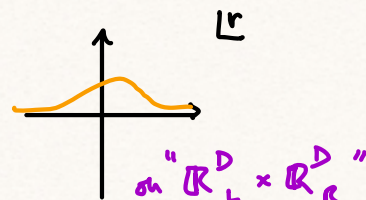
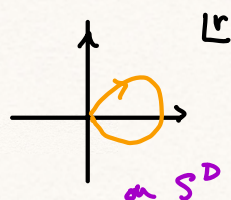
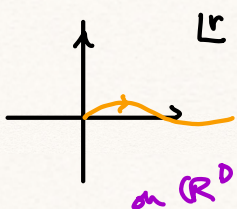
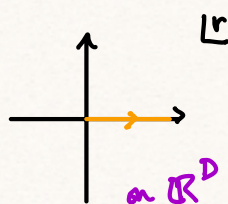
(double cone to study spectral form factor $\langle Z(\beta) Z(\beta) \rangle$ in

holographic theory ,

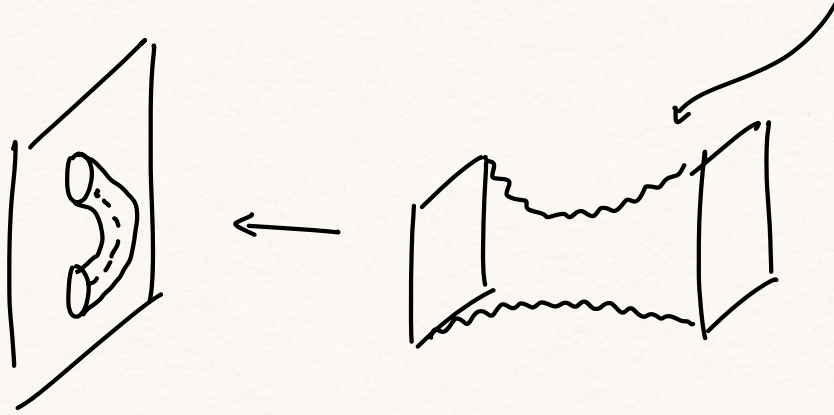
"quasi-Euclidean" Kerr)

• Some are bad

$$ds^2 = dr^2 + r^2 d\Omega_{D-1}^2 \text{ and complexify } r = r(u) \in \mathbb{C}$$



$ds^2 = r'(u)^2 du^2 + r(u)^2 d\Omega_{D-1}^2$ all metrics are flat, have vanishing action



The class A

Those $g_{\mu\nu}$ on which QFT could be defined :

$$\int_{A_p \text{ real}} DA_p e^{-S[A_p; g]} < \infty$$

$$S = \int F_{p+1} \wedge * F_{p+1}, \quad F = dA$$

$$= \int d^D x \sqrt{\det g} g^{\alpha_1 \beta_1} \dots g^{\alpha_{p+1} \beta_{p+1}} F_{\alpha_1 \dots \alpha_{p+1}} F_{\beta_1 \dots \beta_{p+1}}$$

$$\leadsto \operatorname{Re} \left(\sqrt{\det g} g^{\alpha_1 \beta_1} \dots g^{\alpha_{p+1} \beta_{p+1}} F_{\alpha_1 \dots \alpha_{p+1}} F_{\beta_1 \dots \beta_{p+1}} \right) > 0$$

$$\forall x \in M$$

$$\forall p \in \{-1, \dots, D-1\}$$

KS showed that these conditions are equivalent to

$$\sum_{i=1}^D |\arg \lambda_i| < \pi$$

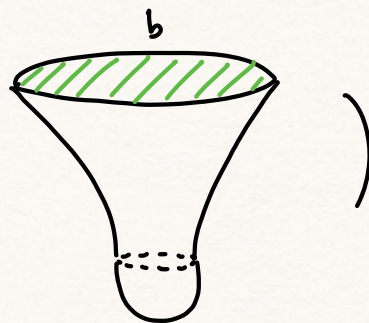
Lorentzian ✗

Euclidean ✓✓

Lorentzian + iε ✓

The Hartle-Hawking state

$$\Psi_{\text{HH}}(b) \approx \exp\left(-\int_{\text{metric}} h_{ab} = b^2 \Omega_{ab}\right)$$

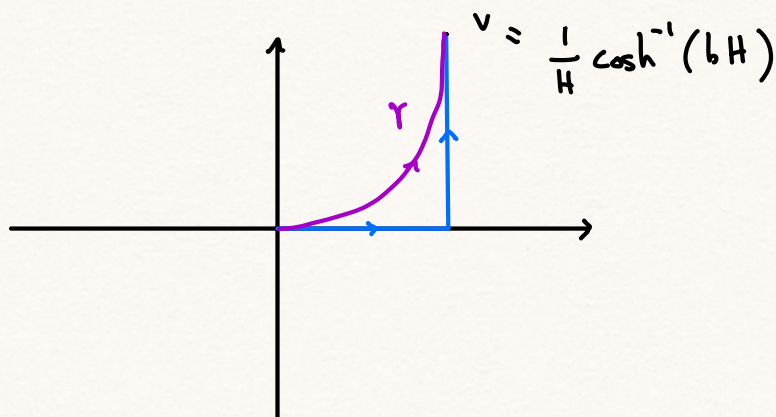


$$= \exp\left(-\int_{\pi/2H}^v Lr\right)$$

$$= \exp\left(\frac{1}{H^2}\right) \times \exp\left(i b^3 H\right)$$

$$ds^2 = dr^2 + a(r)^2 d\Omega_3^2, \quad a(r) = \frac{1}{H} \sin(Hr)$$

blue contour is not allowed, but \exists deformations that are allowed



$$ds^2 = j(\ell)^2 d\ell^2 + a(\gamma(\ell))^2 d\Omega_3^2$$

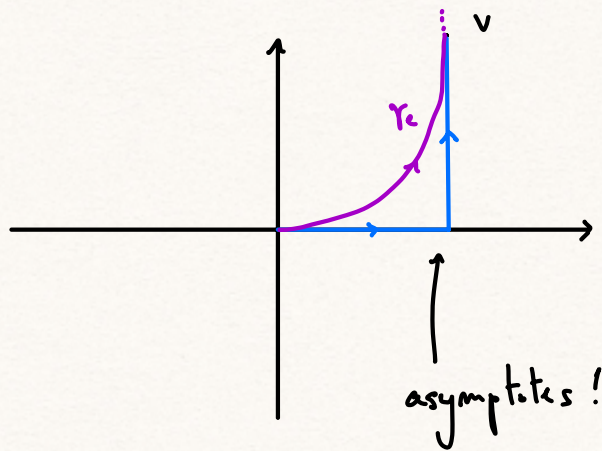
$$\text{KS: } \sum_i |\arg \lambda_i| = |\arg(j^2)| + 3 |\arg a^2| < \pi \text{ along all } \gamma \quad \checkmark$$

- How to go about showing $\exists \gamma$ in a systematic way?

Construct curve γ_ϵ that saturates KS:

$$|\arg(\gamma_\epsilon^2)| + 3|\arg a(\gamma_\epsilon)^2| = \pi$$

has analytic solution in this case



any curve "below" γ_ϵ allowed

so take $\pi \rightarrow \pi - \epsilon$: every endpoint can be reached by allowable γ

- can show $\operatorname{Re}\left(\frac{\pi}{2H} - \gamma_\epsilon\right) = \mathcal{O}\left(\frac{1}{H} e^{-3H \operatorname{Im} \gamma_\epsilon}\right)$

illustrates numerical difficulty!


if $b = \frac{1}{H} e^{N_c}$ then $v \sim \frac{1}{H} N_c \sim \operatorname{Im} \gamma_\epsilon$

so $\operatorname{Re}\left(\frac{\Delta}{H}\right) = \mathcal{O}\left(\frac{1}{H} e^{-3N_c}\right)$ for $N_c = 60$

$$\operatorname{Re}(\Delta) = \mathcal{O}(10^{-30})$$

Inflation

include scalar, potential V

$$\Psi_{\text{HH}}[h_{ab}, \chi] \sim \exp\left(-\int_{\text{cup}} g_{\mu\nu} \phi\right)$$


here: $\Psi_{\text{HH}}(b, \chi)$

round S^3 boundary "radius" b , homogeneous χ

assume saddle (g, ϕ) maximal symmetry on B^4

$$ds^2 = dr^2 + a(r)^2 d\Omega_3^2$$

Ansatz:

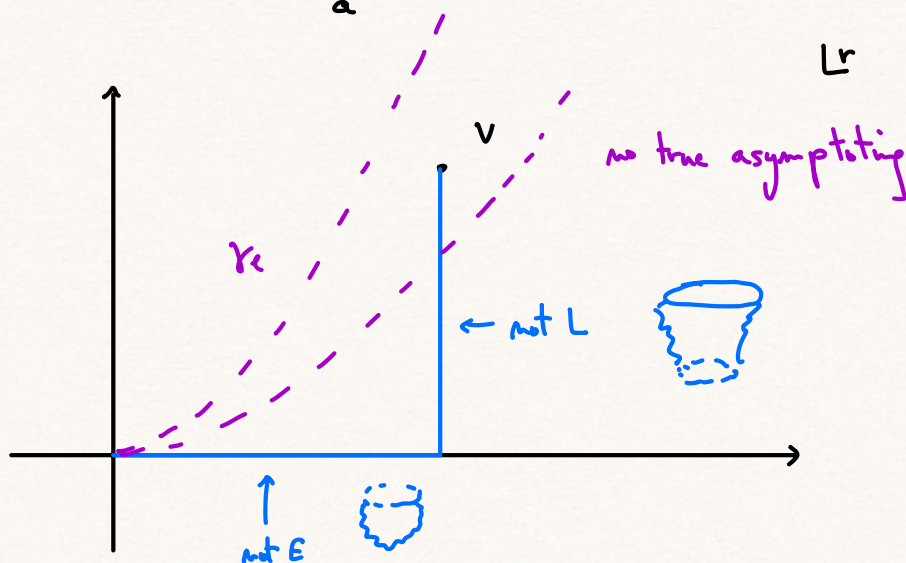
$$\phi = \phi(r)$$

EOM:

$$\left(\frac{a'}{a}\right)^2 = \frac{1}{a^2} + \frac{1}{3}\left(\frac{\phi'^2}{2} - V\right)$$

$$\phi'' + 3\frac{a'}{a}\phi' - V' = 0$$

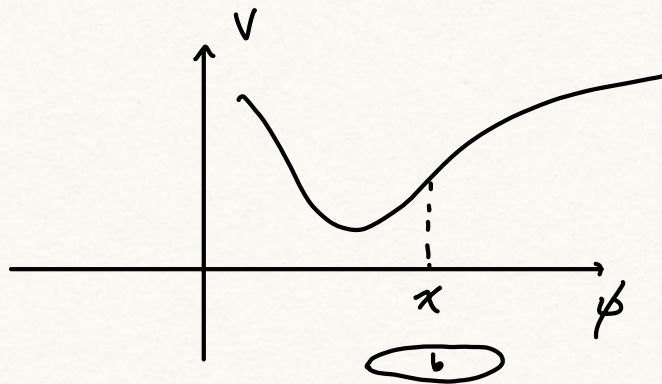
same idea, but:



- it is now possible for some configurations (b, χ) to be "not allowed": there is no $O(4)$ -symmetric instanton on B^4 that induces (b, χ) on its S^3 boundary and is everywhere allowed. they would be (at least) exponentially suppressed in \mathcal{I}_{HHH}

- we examined large universes at the end of inflation,

$$b = \frac{1}{H} e^{N_e}, \quad \chi = \phi_{\text{end}}$$



1-line summary: allowability likes concave slow-roll regions

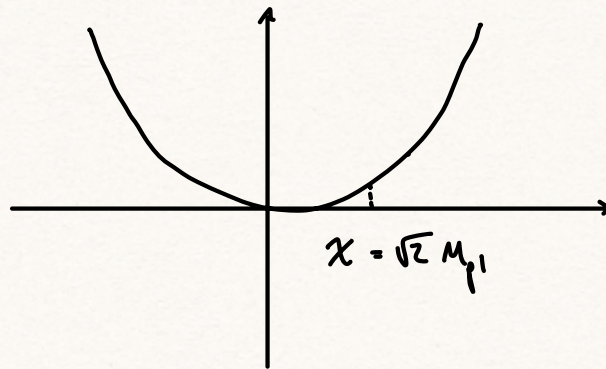
concave: not allowed \rightarrow allowed as $N_e \uparrow$

convex: $\left(\begin{array}{l} \text{allowed} \\ \uparrow \end{array} \right) \rightarrow \text{!allowed}$

can be absent

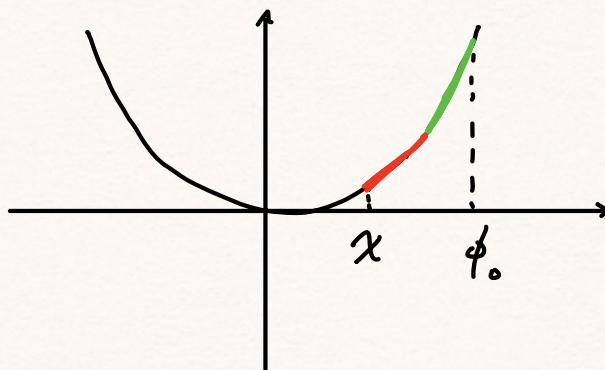
- allowability is exponentially subtle: whether or not a late-time configuration is allowed depends on details of how instanton was set up in very early phase of inflation!
memory of initial state is not washed away

example: $V = m^2 \phi^2$

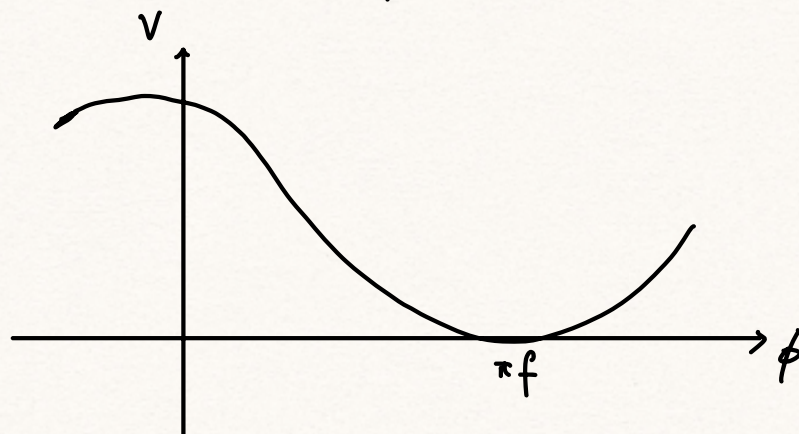


nothing is allowed

what happens:



BUT consider $V = \Lambda (1 + \cos(\phi/f))$



large $f \gg M_{pl}$, inflation $\sim m^2 \phi^2$. so $N_e < N_e^{\max}$ e-folds
not allowed. BUT many $N_e \gg N_e^{\max}$ allowed.

• what does this mean?

- in a given landscape, a set of inflationary trajectories
will be ruled out (hard to make general prediction, but
small r seems to be preferred)

- what are predictions? (future work)

↳ include $\mathcal{N}_{HH} \sim e^{-S}$

↳ include $\mathcal{P}(\mathcal{O} | \mathcal{D})$, $\mathcal{D} = \{ \mathcal{X}, \begin{matrix} \circ & \circ & \circ \\ \circ & \circ & \circ \\ \circ & \circ & \circ \end{matrix}, \dots \}$